

August 27, 2014

Dear Parents,

Listed are the different after school activities that are available to St. Pius X students for the first session. The activities are listed with the activity name, teacher name, grade, day and session. Please make note that all activities will be grade appropriate. Your child must be in the grade to take part in the activity. **Sign-up sheet must be returned by noon Friday, August 29, 2014. Late forms may not be accepted.**

Students are automatically enrolled in the class when the sign-up form is returned by the due date listed.

All students will go to 6B Mrs. Pitton's room, (located near Hallway C) where the activities teacher will come and get them. All activities will go to 4:10pm unless otherwise stated with the individual activity.

All after school activities will be dismissed to Carpool B (behind the school). Please do not park on the breezeway.

First Session: **Tuesday, September 2nd – Friday, November 14th**

Second Session: **Monday, December 1st – Friday, February 27th**

Third Session: **Monday, March 2nd – Friday, May 15th**



AFTER SCHOOL ACTIVITY SIGN-UP SHEET
(Please use separate form for each student)

Student's Name: _____ Grade: _____

Parent's Signature: _____ Date: _____

Activity Name: _____

Activity Name: _____

Activity Name: _____

FIRST TRIMESTER

Mondays

Puzzles and Playdoh®

Teacher: Mrs. McCartney

Grades: Kdg. – 2nd

We will work puzzles of varying difficulty according to student's ability, from beginner level to advanced level. Students will learn strategies for working puzzles while improving eye-hand coordination, spatial sense, and fine motor skills. Students will also have the opportunity to improve fine motor skills while being creative with playdoh®.

Cooking with Math

Teachers: Mrs. Robinson & Mrs. Pecil

Grades: Kdg. – 2nd

Have fun while learning to measure different types of matter with a special surprise for the end of our session together. Learn to add, subtract, multiply and maybe a fraction or two!

Handwriting Club

Teacher: Mrs. Peggy Auger

Grades 3rd – 5th

Let's improve our cursive writing, write about things that interest us, and do activities from penmanship books so we can develop the best penmanship in our grade. Let your imagination soar!

Karate with Master Jack

until 4:20pm

Grades PK4 – 8th

Eagles Self-Defense Academy offers a well-rounded Martial Arts curriculum developed by 2 time Hall of Fame inductee Master Jack who has been teaching karate to students from PK-4 through 8th grade at St. Pius X School since 2006.

We believe that helping students become more disciplined, self-reliant, confident and good examples is 90 percent of the training, with Kicks and Punches consuming the remaining 10 percent.

So, if you want to help your child(ren) get better grades, improve focus, improve behavior, and become good examples for others to follow, contact Master Jack (bassai@cox.net) to enroll in this year's session and do it quickly as classes do fill up.

Karate classes will be held at school on Monday afternoon from 3:20 to 4:20 at school. Those going to after-care will be escorted. No child is released without a parent or authorized adult.

All adult instructors have received background investigations and have been certified to work with children by the Archdiocese of Richmond.

Tuesdays

Breaking Open the Word

Teacher: Mrs. Ross

Grades 3rd – 5th

This will introduce the students to the Sunday Gospel readings. At meetings, we will read and discuss the Gospel reading for the upcoming Sunday. Students will have visits to the Blessed Sacrament. While there, they could journal their thoughts on the Gospel Reading and pray.

Yoga with Mrs. Danielle Kidwell & Assistant

until 4:20pm

Grades Kdg – 3rd

Mrs. Kidwell is the mother of two current SPX students and this is her 2nd year teaching Yoga here at St. Pius X School. The word “yoga”, loosely translated means “unity” or “union” and so the practice of yoga is meant to bring us closer to God through movement and meditation. The benefits of yoga for a young person regularly will be able to do the following:

- Prepare for a test or other potentially stressful situations through breath-work and simple meditation
- Negotiate peaceful resolutions to conflicts, whether they be internal or with another person.

To attend this program your child would need a mat, snack and a change of clothes.

Cost per trimester is \$50.00. Payment must be received with sign-up form. Checks payable to: St. Pius X School.

Fridays

Calligraphy

Teacher: Mrs. Pitton

Class is every other Friday

Grades 6th – 8th

Learn the art of beautiful letter making. Students must supply their own calligraphy pen. These can be purchased at a craft store or some department stores. A final project will be done. This will be offered the first and second semester, every other Friday.