



February 18, 2021

Dear Parents,

We started our Lenten Journey yesterday with Ash Wednesday mass and the sprinkling of ashes versus the more recognizable cross on the forehead. This process, used due to COVID-19 guidelines, was a callback to the process of ash distribution used in the Middle Ages. Together, we promote a Lenten season that highlights fasting, almsgiving, and prayer. Let us use this season and every day to be the people that our Lord wants us to be.

To help guide you during Lent, I share the following prayer:

The Fast Life

Fast from judging others; Feast on Christ dwelling in them.  
Fast from fear of illness; Feast on the healing power of God.  
Fast from words that pollute; Feast on speech that purifies.  
Fast from discontent; Feast on gratitude.  
Fast from anger; Feast on patience.  
Fast from pessimism; Feast on hope.  
Fast from negatives; Feast on encouragement.  
Fast from bitterness; Feast on forgiveness.  
Fast from self-concern; Feast on compassion.  
Fast from suspicion; Feast on truth.  
Fast from gossip; Feast on purposeful silence.  
Fast from problems that overwhelm; Feast on prayer that sustains.  
Fast from anxiety; Feast on faith.  
*- Author Unknown*

Remember Lent is a journey; not just for this year, but for our entire lives. Be mindful and be Christ-like always.

Because teachers and staff will receive their second dose of the COVID-19 vaccine on Thursday afternoon, February 25 and because most individuals experience symptoms after the second dose, there will be no virtual parent-teacher conferences on Friday, February 26. School and CARES will still be closed on that day. Those parents wishing to discuss their child's progress should email the teacher(s) to schedule a virtual conference between February 22-24 or March 1-3.

Thank you to those families who have completed the Diocesan survey. For those of you who have not, the survey is open until February 26, 2021. Your input is helpful as we continue to grow as a school. Survey link: <https://eprovesurveys.advanc-ed.org/surveys/#/action/154187/1470/1>

God Bless you and our St. Pius X community.

Sincerely,

Mark Zafra  
Principal